




November 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
BREAKFAST			1 Sausage & Biscuit	2 Cereal Bar Toast & Jelly	3 Cinnamon Roll	4
5	6 Mozzarella Stuffed Breadstick	7 Ham, Cheese, & Egg Sandwich	8 Apple Breadstick	9 Cheerios Toast & Jelly	10 Funnel Cake	11
12	13 Waffle Sticks	14 Cheese Breadstick	15 Pancake Wrap	16 Honey Bun Yogurt	17 Breakfast Pizza	18
19	20 Mini Cinnis	21 Chicken & Biscuit	22-23 		24	25 Choice of 8 oz milk 1% lowfat or skim 4 oz orange juice 1/2 cup fruit daily
26	27 Cereal Pouch Toast & Jelly	28 Blueberry Muffin String Cheese	29 French Toast	30 Cereal Bar Toast & Jelly		



Sun	Mon	Tue	Wed	Thu	Fri	Sat
LUNCH			1 Spaghetti Steamed Carrots Green Beans Garlic Toast	2 Pizza Corn on the Cob Vegetable Medley	3 Chicken Nuggets Broccoli Mashed Potatoes Roll	4
5	6 Corn Dog Sweet Potato Puffs Baked Beans	7 Beef Cutlet Scalloped Potatoes Green Beans Roll	8 Chicken Fajita Whole Kernal Corn Malibu Vegetables	9 Chicken Rings Mashed Potatoes Broccoli Roll	10 Fish Zucchini Sticks Turnip Greens Sugar Cookie	11
12	13 Hot Dogs Potato Smiles Baked Beans	14 Poppy Seed Chicken Vegetable Medley Steamed Squash Roll	15 Clux Delux Chicken Tater Tots Broccoli	16 Turkey & Dressing Sweet Potatoes Green Beans Roll Dessert	17 Vegetable Soup Grilled Cheese Sand. Fresh Carrots	18
19	20 Popcorn Chicken Sweet Potato Fries Broccoli Roll	21 Traveling Tacos Pinto Beans Whole Kernal Corn	22-23 <i>Happy Thanksgiving</i>		24	25 Choice of 8 oz milk 1% lowfat, skim, or fat free chocolate, 1/2 cup fruit daily
26	27 Hamburgers French Fries Baked Beans	28 Chili Baked Potatoes Goldfish	29 Crispitos Pinto Beans Whole Kernal Corn	30 Spaghetti Steamed Carrots Green Beans Garlic Toast	